#### SRI SARADA NIKETAN COLLEGE OF SCIENCE FOR WOMEN, KARUR-5

Annual Gender Sensitization Action Plan 2023-2024

The following action plan formulated for the academic year 2023-2024

- To observe International Women's day
- To conduct awareness programs for the students
- To organize a motivational program the students
- Regular meetings of the Anti-Ragging and Grievance Redressal committee

PRINCIPAL, Sri Garada Niketan College of Science for Women, Kodangipatti,

Karur - 639 005.





## SRI SARADA NIKETAN COLLEGE FOR WOMEN

Re -Accredited with \*B\* Grade by NAAC & Institution recognized by UGC u/s 2(f) & 12(b) (Affiliated to Bharathidasan University, Tiruchirappalli) ( A Branch of Sri Ramakrishna Topovanam, Tiroppuraithurai) Esanatham Road, Kodangipatti, Sri Saradapuri, Thanthonimalai(P.O) KARUR 639 005 E.Mail: admn-officiesne ac in Mobile: 9976694444 www.sac.ac in

### WOMEN CELL

" LOVE NATURE ,LIVE LONG "

Venue

: Nivedita Hall

Date

: 08.07.2023

Reporting

incharge : M. Vijayalakshmi

( Dept.Of Mathematics )

#### PERMISSION LETTER

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The Coordinator,

Women cell,

Sri Samda Niketan College for women,

Karur-05.

To

The Principal,

Sri Samda Niketan College for women,

Karar-05

Respected madam,

Sub: Seeking permission to conduct a program for faculty members

"Love Nature, Live Long" - Reg.

We are planning to conduct an awareness program for our faculty members. It helps them to understand the value of healthy life. So, kindly give us permission to conduct the program on 08.07.2023.

Thanking you,

Date: 07.07.2023

Place: Karur

Yours Sincerely,

SIGNATURE OF THE PRINCIPAL



## SRI SARADA NIKETAN COLLEGE FOR WOMEN, KARUR

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#### Internal Quality Assurance Cell

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#### WOMEN CELL

Organizes

#### "LOVE NATURE, LIVE LONG"

Qu.

#### A Healthy Life Through Naturopathy

#### AGENDA

Date: 08 07 2023

11:00 am-11.05 am

Prayer Song

11.05 am-11.10 am

: Welcome Address

11.10 am-11.15 am

: Amba Blessings

Yatiswari Neelakantapriya Amba,

Secretary

11.15am-11.20 am

: Momento Presentation

11.20 am-12.20 pm

Chief Guest Session

Dr.B.S.Nivetha

12.20 nm-12.25 pm

: Vote of Thanks

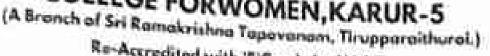
12.25 pm-12.30 pm

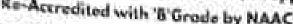
Shanti Mantra

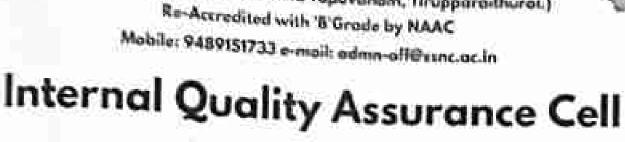


# SRI SARADA NIKETAN

COLLEGE FORWOMEN, KARUR-5







Organizes

& Women Cell

# Love Nature, Live long

A healthy life through Naturopathy

Chief guest

Dr.B.S.Nivetha, B.N.Y.S, YTOC

CMO of Padmasurya, Udumalpet & Divyabharathi, Coimbatore Naturopathy & Yoga centers







08-07-2023

☐ 10:30 AM

9 Nivedita seminar hall



Karur sarada cullege



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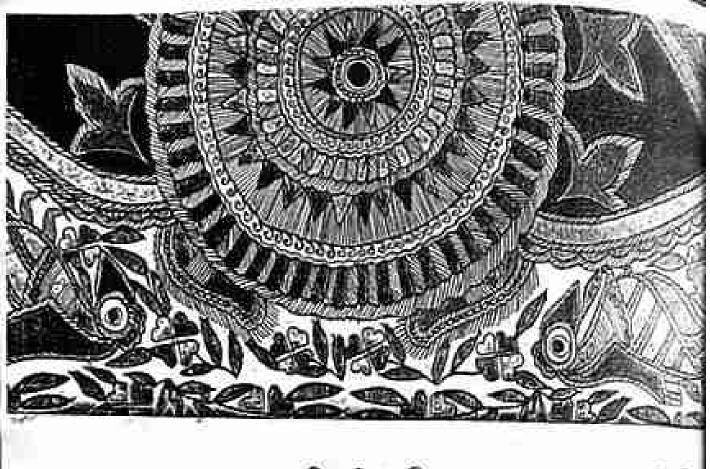


## REPORT

Our women's cell committee conducted the programme under the topic of Love Nature and Livelong. The programme started with a prayer song at 11 a.m. All the faculty members were participants. Then Mrs. M. Vijayalakshmi, Department of Mathematics, heartly welcomed all in her address. Next, Our secretary, Amba, gave her blessings. She honoured our chief guest by giving her momentum.

At last, the session was handed over to our guest. She starts with her experience and then continues with the connection between human body and nature. She guided us to change our lifestyle to be closer with nature. The session is very interactive and useful. At last, some faculties discussed their personal issues with the doctor.





Topic: woner Cell - Love Noture Force Long

(Swest: Dr. G.B. Nivethan, B.N.Y.S, YTOC (Natimoprity & Yoga Center).

There my medical experiences to our leachers. Let us Joint together to create a strong and healthy Blanch. Thank you for your hospitality. with love of



## SRI SARADA NIKETAN COLLEGE OF SCIENCE FOR WOMEN,KARUR

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## Women's empowerment Programme

Organised by

#### WOMEN CELL COMMITTEE

PROGRAM COORDINATOR M. Viyayalakshmi

Department of Mathematics

REPORT SUBMITTED BY

A. Dharani

Department of Mathematics

#### Permission Letter

From

The coordinator,

Women Cell Committee,

Sri Sarada Niketan College for Women,

Karur-5.

To

The Principal,

Sri Sarada Niketan College for Women,

Karur-5.

Sub: Asking the permission to conduct the women's empowerment programme- Reg

Respected Madam,

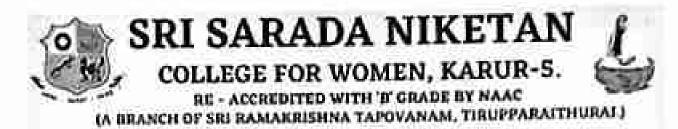
On behalf of women cell committee, We like to conduct the women's empowerment programme on 08.03.2024 at Nivedita seminar hall in Sri Sarada Niketan College for Women karur. The event will be scheduled to start at 10.00 am and it will end at 11.00 am. During this programme our students are going to learn about. So kindly we request you to grant us a permission to conduct the women's empowerment programme.

Thanking you,

Yours Faithfully,

Date: 07.03.2024

Place: Karur



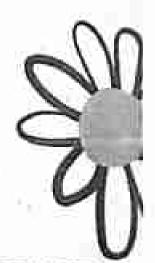
## **WOMEN'S CELL**

CELEBRATES

## International Women's Day







WHERE THERE IS A WOMAN THERE
IS MIRACLE.

DATE: 08-03-2024.

TIME: 10.00 AM



## INTERNATIONAL OVENS

Atos Prayas Foundation - Virtual Session

08 March 2024 (10:00 am - 11:30 am)

#### SPEAKERS



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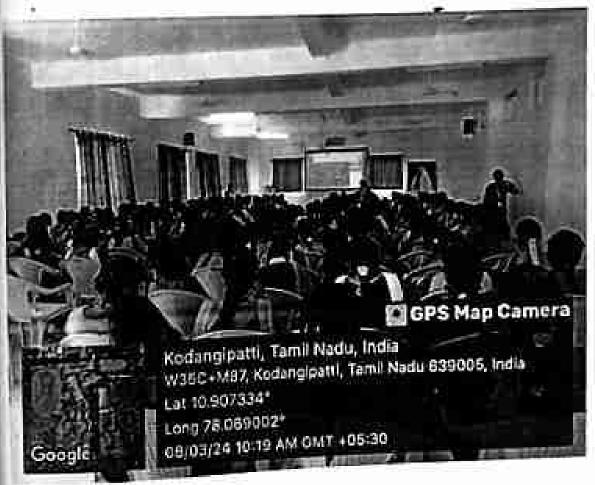
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Who Can Participate?

Students wordled to the Builth Empowersinged Programs

www.ictocadamy.in/atos-prayas





### Report

The international Women's Day was celebrated on march 8,2024, at our

This program was organised by women cell committee and ICT Academy in

The chief guests who participated their names are Janani -People &Culture Genzeon; Neetu chada "Assistant Vice President State Steet; Sadaf Maryam, Sr. Systems Engineer Infosys; Ravin Selva Suguna ,Sr.Officer -Learning& Development Allsec Technologies; Datla Jyothirmani ,Officer -Learning & Development Allsec Technologies.

The program started with prayer in Nivetita seminar hall. The chief guest talked about how could self -assessment is designed to empower women leaders to guide their own leadership journey and self-identify their own strength and areas of opportunity.

They speeched about Women's empowerment can be defined to promoting women's sense of self-worth, their ability to determine their own choices, and their right to influence social change for themselves and others.

Then they speeched Women's empowerment and promoting women's rights have emerged as a part of a major global movement and is continuing to break new ground in recent years.

At last many students asked women's empowerment related question to the Chief guests. The program ended with Shanthi Mantra.